

Midlands and East

Regional Suicide Prevention Conference

“Working Together to Prevent Suicide”

30 October 2018

9:30 – 15:30 | Village Coventry

Dolomite Avenue, Coventry Business Park, CV4 9GZ



England



Public Health
England



Improvement

Outcomes: This event will provide delegates with national updates, practical case studies from the region and workshop sessions with interactive discussions, to ensure delegates take away with them practical advice on how to implement changes at a local STP level.

Target Audience: Mental Health/Suicide Leads from: Clinical Networks, CCGs, Mental Health Trusts, NHSI, NHSE, Public Health, LAs and STPs.

9:00 *Registrations and refreshments*

9:30 Welcome and introduction

Helen Garnham

National Programme Manager, Public Mental Health (PHE)

9:50 Definition of suicide prevention, including the Zero Suicide ambition

Keith Waters

*Honorary Research Fellow (Self-harm/Suicide Prevention)
Director of Centre for Self-harm and Suicide Prevention (Derbyshire Healthcare NHS Foundation Trust)*

10:15 The importance of a partnership approach to suicide prevention, including the role of STPs

Lesley Writtle

Chief Executive (Black Country Partnership Foundation Trust)

10:30 Self-harm and suicide

Sarah Kessling

(Harmless, Nottingham)

10:45 How the East of England, working in partnership, have developed a Zero Suicide Ambition

Isabel Cross

Head of Campaigns and Community Projects (Cambridgeshire, Peterborough and South Lincolnshire MIND)

11:00 Q & A session

11:10 *Table group work*

11:40 *Refreshments*

12:00 **WORKSHOPS – 12:00-12:45**

1. Zero Suicide and Inpatient Care

Shared learning from 2 NHS Trusts on the how they are implementing the zero suicide inpatient ambition

Keith Waters

*Honorary Research Fellow (Self-harm/Suicide Prevention)
Director of Centre for Self-harm and Suicide Prevention (Derbyshire Healthcare NHS Foundation Trust)*

Steve Bradbury

Deputy Director of Improvement and Innovation (Centre for Perfect Care, MerseyCare Trust)

2. Real-time surveillance/using data to predict

How two agencies have developed systems to enable stakeholders access to timely data on suicide thus allowing them to identify opportunities for proactive initiatives to prevent future suicides and to provide timely bereavement support

Andrew Muirhead

*Senior Public Health Manager,
Epidemiology (Derby City Council)
Visiting Professional Fellow in Public
Health (University of Derby)*

Barney Thorne

*Force Lead for Suicide Prevention
(Leicestershire Police)*

3. Learning from the Wave 1 Suicide Prevention pilots

Two STPs in the region received additional funding to help them strengthen their SP plans- they will share what this has enabled them to achieve.

**Norfolk and Waveney STP
Coventry and Warwickshire STP**

4. Propaganda: Suicide and men

This workshop is an introduction to exploring the relationship between men and suicide and share ideas as to how professionals can support men who are in suicidal distress.

Claire Dixon

Trainer (Harmless, Nottingham)

12:45 *Lunch*

1:30 **WORKSHOPS – 1:30 – 2:20**

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3. Suicide Bereavement

This workshop will discuss evidence-based suicide bereavement training entitled 'Postvention Assisting Those Bereaved by Suicide' (PABBS)

Dr Sharon McDonnell

*Managing Director (Suicide
Bereavement UK)
Honorary Research Fellow (University of
Manchester)*

4. Self-harm and Suicide: The missing link

This workshop is an introduction to self-harm and suicide, exploring the distinct functions between them and understanding self-harm as a risk factor for suicide. Whilst improving awareness of how self-harm support can be tailored to encompass suicide as a risk factor.

Claire Dixon

Trainer (Harmless, Nottingham)

2:30 The National Perspective
Where are we now, and what are the ambitions?

Faye Henney
*Programme Manager, Mental Health
Five Year Forward View Delivery
(NHS England)*

3:00 Panel – Q&As

Helen Garnham
*National Programme Manager,
Public Mental Health (PHE)*
Faye Henney
*Programme Manager, Mental Health
Five Year Forward View Delivery
(NHS England)*
Elaine Woodward
*Regional Suicide Prevention
Programme Manager (PHE/NHSE)*

3:30 Next steps and closing remarks

Helen Garnham
*National Programme Manager,
Public Mental Health (PHE)*