



## Office for Health Improvement & Disparities

### Agenda

Title of meeting: Launch: E-lfh healthy weight of people with a learning disability

Date: 16 June 2025

Time: 12.30-1.30pm

Venue: Microsoft Teams

Attendees: See email distribution

Meeting objectives: Provide information about the new learning module, explain the rationale for developing the module (evidence and data), describe the research and consultation underpinning its development and describe how the training can be used

Time	Item	Lead
12.30pm	Welcome and introduction	Nicola Powell, Senior Transformation Manager, NHS England South West
12.35 pm	Why focus on the healthy weight of adults with a learning disability? Background to the project	Justine Womack, PH Specialist/Health and Wellbeing Programme Leader, OHID SW
1pm	The research underpinning the E-lfh module and how the module is structured	Karen Coulman, Dietitian and Lead researcher, Amanda Owen-Smith, Associate Professor in Medical Sociology and Health Policy, Bristol Medical School, University of Bristol
1.15pm	How to use the E-lfh tool locally	Members of the SW Healthy Weight of People with a Learning Disability Working Group
1.30pm	Meeting ends	