

Making a Difference: The London Greener NHS Event, 10-12 June 2025

Information pack

Join us from Tuesday 10th – Thursday 12th June 2025 as we shine a spotlight on the incredible people and projects driving sustainability across London's NHS. From innovative grassroots ideas to large-scale transformations, this event is all about celebrating progress, sharing lessons, and inspiring change.

Thursday 12th June 2025 Agenda

09:30 – 10:20	GSTT Nutrition & Dietetics Green Team
	Oral and enteral plastics recycling, increase of Plant Based menu items, sustainable dietetic practice guidelines.
	Ruth Chalke, Senior Specialist Prescribing Support Dietitian Imogen Hall, Specialist Metabolic Dietitian Guys and St Thomas's NHS Foundation Trust

10:30 -	Green Wheels
11:20	
	Encouraging cycling in children with disabilities and their families (and community staff!)
	Yvonne Cheung, Clinical Lead Children's Physiotherapist, Homerton Healthcare Foundation NHS Trust Mike McSherry, Community Cycling Officer, London Cycling Campaign

11:30 –	Lambeth GP Food Co-op
12:20	
	A community led health co-operative, founded in 2013 by Lambeth Council and NHS Lambeth to improve the lives of people with long term health conditions. The co-operative has built 18 vegetable gardens in local GP surgeries, and currently support patients and staff at the Pulross Centre (GSTT), Brixton, and the Jennie Lee garden at KCH.
	John Bennet, Director, Lambeth GP Food Co-op

12:30 – 13:20	Exploring the patient perspective - lessons from the answers to sustainable inhaler use questions in the A&LUK survey
	The Asthma and Lung UK patient survey 2023 included several questions exploring their views on sustainable inhaler use.9,960 people



with asthma responded to it and these data give an interesting perspective on who has been offered an inhaler change, why they accepted or rejected that offer and how well it went for them.

Grainne d'Ancona, Consultant Pharmacist, GSTT

13:30 – Sustainability in Practice in Primary Care 14:20

The Village Practice is a Gold Greener Impact for Health Toolkit practice who have self-funded sustainable changes into their GP practice and share best ways of working across primary care to support with reducing carbon and making environmental changes.

Samantha Hubbard, Practice Business Manager **Dr Tamsin Ellis,** Sustainability Lead The Village Practice, Islington

14:30 –
 15:20 Sharing the work of the Evelina Children's Hospital Sustainability
 Group

Shazia Adalat, Consultant

15:30 – Zero to Hero as a Green Champion at Imperial College Healthcare NHS Trust!

A journey of a Green Champion at Imperial College Healthcare NHS Trust, learning about sustainability and undertaking projects to reduce, reuse and recycle.

Helen Dawson, Advanced Physiotherapy Practitioner in Pain Management, London Rep for Greener AHP's National and Regional Groups, Imperial College Healthcare Trust