

# Roadmap to Excellence and the Journey Ahead | ADHD Services across Greater Manchester

Thursday 6 June 2019
Registration opens at 9:00am | 9:30am – 4:30pm
Spinningfields Conference Centre, 3 Hardman Square, Spinningfields, M3 3EB

Location/directions are available via the link below: <a href="https://www.google.com/maps/dir//53.4795473,-2.2530029/@53.479547,-2.253003,17z?hl=en-GB">https://www.google.com/maps/dir//53.4795473,-2.2530029/@53.479547,-2.253003,17z?hl=en-GB</a>

## Introduction and purpose

The purpose of the event is to enable CYP and adult services to work together on action plans to improve transition of young people leaving CYP ADHD services, with a specific focus on medication management and review before and after transition.

## Aim and objective

To further improve localities ADHD pathways in line with Greater Manchester standards and recommendations, with a particular focus on medication monitoring, review and the transition for young adults into adult services.

Localities will have team focused time to develop action plans, stimulated by short presentations.

#### **Delegates**

Each locality has 12 places to be allocated, and requires representation from but is not limited to:

#### All day:

- Locality commissioners CYP mental health
- CAMHS representatives
- Paediatric representatives
- ADHD nurses
- Administration staff from either CAMHS/paediatric services
- Pharmacy representatives

### From lunch break onwards:

- Locality commissioners adult mental health
- Adult services ADHD nurses
- Administration staff from adult ADHD services
- Adult ADHD providers

#### Hashtag

#adhd\_gm







Time	Title	Presenter
9:00 – 9:30am	Arrival registration, networking and refreshments	
9:30 – 9:40am	Welcome, introductions and the days objectives	Dr Prathiba Chitsabesan, Associate National Clinical Director for Children and Young People's Mental Health, NHS England, Consultant in Child and Adolescent Psychiatry, Pennine Care NHS FT and Clinical Lead for GM ADHD CYP, GMEC SCNs
9:40 – 10:10am	<ul> <li>Summary of:</li> <li>Medication monitoring and shared care in GM CYP guidance</li> <li>NICE guidance</li> <li>Shared care protocols</li> </ul>	Range of presenters including pharmacy
10:10 – 10:50am	Review current medication management process and reviews  Based on GM guidance, NICE guidance and shared care protocols could your medication reviews be more efficient and effective?  Capture discussion using fishbone and diver diagrams	
10:50 – 11:05am	Refreshments and networking	
11:05 – 11:45am	Workforce planning playground  Review current situation using workforce 'playground'  Test out hypothetical changes from driver diagram and review impact	
11:45am – 12:15pm	Develop time lines for your change ideas and share with the room  Are there any actions which need to be completed with commissioners before July?	
12:15 – 1:00pm	Lunch, networking and adult ADHD service colleagues to join	





Time	Title	Presenter
1:00 – 1:20pm	Introduction on transition   Scene setting  Three types of issues within transition	Louise Theodosiou, Consultant Child and Adolescent Psychiatrist, Manchester University NHS FT and Sara Barnes, Deputy Managing Director Mental Health and Specialist Services, Pennine Care NHS Foundation Trust
1:20 – 1:50pm	Sharing learning I The good the bad and ugly!	Young person present Adult and CYP service present Adult and GP present
1:50 – 2:40pm	Review current transition process and effect on young people receiving medication  Based on GM recommendations and earlier presentations:  1. How could we support the smooth and safe continuation of ADHD medication for those who wish to continue drug treatment post CYP services?  2. How can we support effective re-engagement with drug treatment if requested?  Capture discussion using fishbone and diver diagrams	
2:40 – 2:55pm	Refreshments and networking	
2:55 – 3:45pm	Review current transition process for young people leaving CYP ADHD services  Based on GM recommendations and earlier presentations:  1. How could we support the effective transition from CYP ADHD service to adult services?  2. How can we support effective re-engagement with mental health support relating to a young adult's ADHD, if requested?  Capture discussion using fishbone and diver diagrams	







Time	Title	Presenter
3:45 – 4:15pm	Develop time lines for your change ideas and Are there any actions which need to be combefore July?	
4:15 – 4:30pm	Interactive feedback and recap	Dr Prathiba Chitsabesan

All enquiries to:

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