

The first 100 days having a baby | What does good postnatal care look like?

Friday 14 February 2020

Registration opens at 9:30am | 10:00am – 1:00pm (incl. light lunch)

The University of Manchester, Jean McFarlane Building, Building No. 92, Oxford Road,
Manchester, M13 9PL

Location/directions are available via the link below:

<https://www.manchester.ac.uk/discover/maps/interactive-map/?id=97>

Introduction

As part of the work to improve maternity services across Greater Manchester and Eastern Cheshire, we would like to invite you to join us to talk about postnatal care (care after having a baby).

We are bringing together people who have used maternity services recently (within the last 4 years) and those who work in maternity services. We want to work together to understand what good care after having a baby would look like.

The morning will have 4 sessions on different tables, each with a different topic. You can choose 5 preferred topics from the 7 offered below and we will allocate you a place to 4 of them. (It might not always be possible to allocate you to your choice because of numbers, but we will try our best).

Babies and children are welcome.

Information on the reimbursement of travel expenses will be available on the day.

Topics

1. Neonatal care for new-born babies
2. Care on the postnatal ward
3. Information given to woman on discharge from maternity unit/care
4. 6 – 8week postnatal maternal check and pelvic health
5. Breastfeeding
6. Postnatal mental health
7. Partners, families and friends (support for partners, staying overnight on the ward)

Hashtag

#PostnatalCare



Time	Title	Presenter
9:30 – 10:00am	Arrival registration and refreshments	
10:00 – 10:05am	Welcome and introductions	
10:05 – 10:20am	Greater Manchester and Eastern Cheshire Maternity Implementation Plan Postnatal Care	Deborah Blackburn, Assistant Director Public Health Nursing and Wellbeing, Salford City Council Cathy Brewster and Natalie Qureshi, Greater Manchester and Eastern Cheshire Maternity Voices Partnership Network
10:20 – 10:50am	First topic conversation	
10:50 – 11:20am	Second topic conversation	
11:20 – 11:35am	Refreshment break	
11:35am – 12:05pm	Third topic conversation	
12:05 – 12:35pm	Forth topic conversation	
12:35 – 1:00pm	Closing summary and lunch	

All enquiries to: [Michelle Davies](#) | Events and Engagement Manager | Greater Manchester and Eastern Cheshire Strategic Clinical Networks | Greater Manchester Health and Social Care Partnership | 07710 152805

