

### 3rd FREE World Delirium Awareness Day Event

Sudden unexplained change in behaviour? Think DELIRIUM!  
Commit to using the term 'DELIRIUM' and treat as an EMERGENCY

Wednesday 11 March 2020

Registration opens at 9:30am | 10:00am – 4:00pm

The Edwardian Manchester, Free Trade Hall, Peter Street, Manchester, M2 5GP

Location/directions are available via the link below:

<https://bit.ly/2tLkaa4>

#### Background

This event is in support of the delirium project that is part of the Dementia United (DU) Programme. DU is the Greater Manchester Dementia Strategy that supports joined up working across the region.

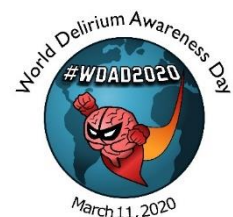
Those living with dementia are more susceptible to delirium and for delirium being confused with their existing dementia. Our colleagues at Health Innovation Manchester (HInM) are initially supporting Bolton and Wythenshawe hospital teams to implement the successful Salford Royal electronic delirium assessment and management tool. Meanwhile, DU are hoping to pilot something similar in a community-based team. Both projects working together will aim to improve delirium detection and management regardless of where the person is.

#### Aims

- Raise awareness of what delirium is and why it is important
- Learn about measures we can all take to prevent delirium
- Appreciate delirium is everyone's responsibility requiring joint working
- Introduction the DU community delirium guide and provide an opportunity to express interest in being involved in a supported pilot
- Launch of Greater Manchester Delirium leaflet
- Update from HInM regarding identifying and managing delirium in the hospital setting
- Shared learning of good practice
- Audience contribution about how this applies to their everyday work

#### Target Audience

**Greater Manchester health and care professionals working in the community with those more susceptible to delirium** e.g. those with dementia or cognitive impairment, in long term care, who are immobile, who have a sensory impairment, who are over 65, who have multiple medical conditions.



**Including** Greater Manchester community teams who feel they may be well placed to detect and manage delirium in the community (referring onto hospital when necessary) to pilot the DU community delirium tool.

**Hashtags**

#WDAD2020

#GMdelirium

| Time              | Title   | Presenter  |
|-------------------|---|--|
| 9:30 – 10:00am    | Arrival registration and refreshments   |  |
| 10:00 – 10:05am   | Introduction, welcome and scene setting   | Dr Emma Vardy,<br>Consultant Geriatrician<br>Clinical Dementia Lead<br>Salford ICO, Dementia<br>United   |
| 10:05 – 10:35am   | What is delirium and how to assess and manage (including 4AT and TIME)                          | Dr Gopalakrishnan<br>Deivasikamani PGCE<br>Med Ed Dip in Geriatric<br>Medicine, Consultant<br>Physician, Clinical Lead<br>for Delirium, Bolton NHS<br>FT |
| 10:35 – 10:50am   | Early detection for Delirium in Hospitals Project   | Louise Bond, Programme<br>Development Lead,<br>Health Innovation<br>Manchester (HInM)  |
| 10:50 – 11:10am   | Thinking about delirium prevention ; good nutrition and hydration care                          | Carmel Berke, GM<br>Nutrition and Hydration<br>Programme Manager,<br>Age UK Bury, Salford<br>Malnutrition Task Force<br>Programme Manager                |
| 11:10 – 11:25am   | Comfort break   |  |
| 11:25 – 11:55am   | Identifying patient deterioration and escalation in the community                               | TBC  |
| 11:55am – 12:25pm | Considering delirium in the crisis response team and non-pharmacological management of delirium | Eddie Fitzpatrick (TBC),<br>Stockport Crisis<br>Response Team  |
| 12:25 – 1:30pm    | Lunch and networking  |  |

| Time          | Title  | Presenter   |
|---------------|--|---|
| 1:30 – 2:00pm | Shared learning   West Yorkshire and Harrogate delirium awareness and training pilot to reduce admissions and length of stay in hospitals for people with dementia | Chris North and Rod Kersh, Dementia and Older People's Mental Health Clinical Network North Region (Yorkshire and the Humber) |
| 2:00 – 2:30pm | Introduction to Dementia United Community Delirium Toolkit   | Dementia United   |
| 2:30 – 2:45pm | Comfort break  |   |
| 2:45 – 3:30pm | Workshop on the Dementia United Community Delirium Toolkit   | Dementia United   |
| 3:30 – 3:45pm | Launch of Greater Manchester Delirium leaflet  | Rachel Kirby  |
| 3:45 – 4:00pm | Summary of the day, next steps and close   | Dr Emma Vardy   |

All enquiries to: [Michelle Davies](#) | Events and Engagement Manager | Greater Manchester and Eastern Cheshire Strategic Clinical Networks | Greater Manchester Health and Social Care Partnership | 07710 152805